



FRESHnews

Term 2, 2012

FRESH ENVIRONMENT, FRESH APPROACH, FRESH START

IN THIS ISSUE

Restorative Practices

Restorative Practices in schools refer to a range of practices designed to encourage young people to understand that misconduct, or rule breaking, is not violating the school but is fundamentally a violation against people and their relationships with each other. Restorative Justice holds the belief that when a harmful or disruptive incident occurs, it damages relationships between people. The process of Restorative Justice is to identify what harm has been caused, who has been affected and how this might be repaired or restored. This approach challenges the long held philosophy of crime and punishment. In the process of Restorative Justice the person who causes the harm and the person who has been harmed are brought together with a facilitator to decide how that harm may be repaired.

This process of active restoration encourages people to be responsible for their actions, own their behaviour, understand the impact of their actions on others and how others can be harmed thus increasing the likelihood of

empathy, understanding, personal growth and restitution.

Fresh Program staff have undergone extensive training in Restorative Practices with Future Directions: Counselling, Consultancy and Training, who also provide ongoing consultation and support in the implementation of the Restorative Practices philosophy and strategy. Restorative Practices at the Fresh Program supports the philosophy and ethos in encouraging the development of positive relationships, building social capital in young people, explores emotional intelligence and the part it plays in the development of human relationships and provides a clear framework and model to implement a supportive and just environment.

Belinda Batty
Manager, Fresh Program



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PHOTO WALL



Camp - Rock Climbing



Camp - High Ropes Course



Camp - Rafting

In the Classroom

Foundation VCAL

Qenos Financial Literacy Program

Term 2 saw the 'Financial Literacy Program' run in conjunction with Qenos who are a community partner of Fresh. We learned about money, budgeting, credit and debt, gambling and scams. Qenos staff worked closely with students during each topic and new friendships were made. Special thanks to Mike Dias, Cameron Bourke, Claire Cutajar, Juliano Iuscu, Lauren Hill, Nick James, Sally Hunter, Teck Li Chia, Tony De Fanti and Vi La who have been patient and extremely supportive throughout the term. We hope they now feel part of our Fresh Family. We look forward to continuing to see their friendly faces in the future and we will send out invites to them in term 3 and 4 to see if they are free to join us for other projects.

Camp Nayook

Students in Foundation VCAL had camp this term. Everyone arrived at school with their bags and suit cases and we left around 9.30am. On the way to Nayook we had a break at McDonalds to eat and drink, then we were back on the bus on our way to camp. When we arrived we met the team leaders, workers and residents/owners of Camp Nayook.

We were separated into two groups, Group A and Group B, and we were allocated a room for

the four days. We all had to do one community service job while we were on camp. There was animal husbandry, which involved cleaning out the rabbit and guinea pig enclosure, then there was cooking where we had made snacks for everyone to eat and finally there was fire wood which involved helping the staff at Nayook transport fire wood from one part of the camp to a storage place.

The highlights of camp included, night navigations and map navigations, caving, high ropes course and rafting. We did a little bit of preparation for rafting, had a blast at rock climbing, made a group poster, we had a warm, cozy bon fire and had a bit of free time to just relax and play games. Manni brought a few craft things and some people made bracelets. There were some animals that everyone loved and we all had a lot of fun playing with them.

On the last day we packed our stuff, it took us a while but we got there. Camp made us closer and we all had a great time together.

Yazmin Yurdal
Foundation VCAL Student

DATES FOR TERM 3

Start of Term 3 Monday 16 July

Olex Game Day Experience

– Foundation VCAL Saturday 4 August

End of Term Reviews

– Intermediate VCAL Monday 17 September

End of Term Reviews

– Foundation VCAL Friday 21 September

End of Term 3 Friday 21 September

ABSENT FROM FRESH?

1. Call or text your Teacher before 9.00am.
2. If you are unwell and have a medical appointment please ask for a medical certificate.
3. When you return to Fresh please give your medical certificate to your Teacher.

FRESH PROGRAM

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Archery Competition

Intermediate VCAL

SCOPE Young Ambassadors

During term 2 we worked on a sensory mural with the guys down at Chislon for our SCOPE Young Ambassadors Silver Certificate.

The people we are working with are Lisa, Peter, Andy, Stephanie and Deborah. Lisa and Peter are both in wheelchairs and are the quiet ones of the group. Andy is very energetic and is the most excited to get into things and is the most vocal. Deb enjoys going for a walk with us around Chislon and both her and Lisa love the feel of the furs we have used for the animals in our mural.

The first week we were painting the background, then we moved on to the animals. Each person was paired up with someone else. Andy loves to paint with us and got very excited. Deb loves to paint the animals too. When painting the different animals we would use different types of materials like a hair roller which we covered in paint then someone would guide Deb's hands to move the hair rollers. We also put felt on our animals, Deb really enjoyed touching the different types of felt and painted the snakes. When we stuck the clouds onto our mural Deb and Andy loved the feel of the clouds under their hands. Pete also enjoys the different textures under his hands.

For most people working with people with a disability is a little bit confronting and challenging

but everybody has adjusted to the surroundings and we are well on our way to completing the mural.

Hannah Masquiren & Christian DePaola
Intermediate VCAL Students

Archery Competition

A few weeks ago for our numeracy unit our teacher decided to set up an indoor archery competition to make the subject much more enjoyable and more hands on. He also set up a prize of a voucher for the person with the highest score on the third shooting session. We went to 'Arrows Plus' in Point Cook just off the freeway for a few weeks in a row, you had to work out your score, the trajectory, angles of where to shoot and how much tension in your grip you needed to shoot straight. However before we went to the range we had to learn how to calculate our average score per end (three arrows/shots).

The competition between the intermediate students for the voucher was very close, everyone's aim was pretty spot on and the class were all good sports. I ended up winning by one point, I had 46 points, Sonnie came 2nd with 45 points, and Nate came 3rd with 44 points.

All in all it was a good experience for everyone, whether it was your first time shooting or not.

Freeland Roe
Intermediate VCAL Student



The Western Bulldogs pride themselves on being the Community Club of the AFL.

The Western Bulldogs deliver a range of education and training programs in partnership with the western region's education leader Victoria University. Our aim is to develop relevant pathways for people to ultimately strengthen our community.



MAJOR PARTNER OF THE WESTERN BULLDOGS



Macquarie
Sports



The Fresh Program is made possible through the generous support of partners Victoria University, Olex Australia, Macquarie Sports and Qenos, and is kindly supported by organisations including Odyssey House Victoria, Lions Club of Footscray, Altona Rotary, Stolthaven Terminals, Village Cinemas Sunshine and Victoria Police.